FULL-SPECTRUM, VEGETARIAN DIGESTIVE ENZYMES

- Potent, 100% plant-based digestive enzyme formula.*
- Broad-spectrum blend supports digestion of all major macronutrient groups: proteins, carbohydrates & fats.*
- With lactase and alpha-galactosidase to help break down and assimilate lactose (milk sugar) & complex starches.*

Digest Select™ offers a comprehensive, potent blend of vegetarian digestive enzymes to help support and strengthen healthy digestive function. The eleven distinct enzymes in Digest Select™ work together to help support the complete breakdown and assimilation of proteins, carbohydrates and fats in a range of pH environments—from the acidic upper stomach down through the more alkaline intestinal tract.

Many people today suffer from compromised digestive capacity. Causes range from diets high in sugar and processed starches to lifestyles high in chronic stress, as well as the diminishing ability of the pancreas to produce sufficient enzymes required to break down food, a natural result of aging. Pancreatic insufficiency also is common in people with gluten intolerance and other digestive disorders of an inflammatory nature. Low pancreatic enzyme levels may result in uncomfortable feelings of fullness after eating, excess gas and bloating. Insufficient digestive enzyme production and activity also may lead to decreased absorption of food nutrients, malnutrition and GI complications such as increased intestinal permeability or small intestinal bacterial overgrowth (SIBO).

Digest Select™ contains plant-based digestive enzymes intended to help supplement the body’s own production of pancreatic enzymes to help promote digestive comfort and the thorough breakdown and assimilation of nutritional components. It features three specific protease enzymes plus peptidase to work on a variety of proteins and peptides including gluten, lipase to help support complete and enhanced fat digestion, and six carbohydrate-specific enzymes to help break down sugars, grains and starches: amylase, glucoamylase, invertase, acid maltase (alpha-glucosidase), alpha-galactosidase (to support the digestion of fermentable starches) and lactase (to help digest lactose, i.e. milk sugar).

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.
The eleven highly active enzymes in **Digest Select™** are derived by a fermentation process using selected, non-GMO strains of *Aspergillus oryzae* (amylase, lactase, maltase, peptidase, protease), *Rhizopus oryzae* (lipase), *Saccharomyces cerevisiae* (invertase), *Bacillus subtilis* (netural bacterial protease), and *Aspergillus niger* (glucoamylase, acid stable protease, alpha-galactosidase). Enzyme activity is assayed according to current FCC and industry standards, i.e. not less than 85% and not more than 115% of the declared units of enzyme activity. All the microbial enzymes used in **Digest Select™** are acid-stable and designed to survive the acidic conditions of the stomach environment.

Optimizing protein and muscle physiology is a core feature of the Moss Nutrition approach to optimizing health. Beyond their role in protein synthesis, dietary proteins and their breakdown products (e.g. bioactive peptides) have been shown to influence a wide range of physiological, metabolic and regulatory functions. Proper and complete digestion of dietary proteins into component amino acids is therefore crucial. **Digest Select™** is formulated to contain multiple proteases that provide proteolytic activity across a broad pH range, helping to ensure that protein digestion occurs throughout the digestive tract, both in the stomach and the small intestine. Proteases derived from *Aspergillus niger* specifically have been shown to help break down gluten in the stomach of healthy volunteers.

**Digest Select™** also features potent levels of two specialty carbohydrase enzymes. *Alpha-galactosidase* helps to break down certain digestion-resistant carbohydrates found in grains, legumes and vegetables from the cruciferous or *Brassica* family such as cauliflower, cabbage and broccoli. *Lactase* is the enzyme needed to break down lactose, a disaccharide milk sugar that causes dairy intolerance in many individuals post-weaning. The alpha-galactosidase and lactase enzymes in **Digest Select™** are intended to help inhibit intestinal gas production, increase gastrointestinal comfort and improve digestive function in response to the consumption of difficult to digest starches, cruciferous vegetables or lactose-containing milk products.

One capsule of **Digest Select™** taken at meal times is the suggested serving size. Consider two capsules per meal when a particularly large quantity of food is ingested, or for patients with highly compromised digestive function.

**REFERENCES**


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