EssentiaGreens™

A tasty way to get your daily dose of fruits and veggies at a great value

Are you having difficulty eating your full servings of fruits and vegetables every day? Worry no more!

Designs for Health has expanded its greens line to now include EssentiaGreens™, our greens foods product densely packed with:
- High ORAC value vegetables
- Cleansing alkalizing grass juices, and
- A proprietary blend of fruits and berries

Besides being phytonutrient-rich, we are proud to say that EssentiaGreens™ cranberry-orange flavor tastes great, thanks to the inclusion of a natural polysaccharide, prebiotic fiber known as inulin, along with a splash of stevia.

With inulin, you get the best of both worlds.

While it adds a subtly sweet flavor to EssentiaGreens™, inulin does not impact blood sugar levels the way so many other sweeteners do. More and more studies are discovering health-promoting advantages of inulin, from helping to protect against metabolic syndrome by controlling blood lipids and blood glucose, to supporting GI health through its ability to modulate gut microbia.

And the benefits don’t stop there. Because inulin is a soluble fiber it dissolves easily in water, making EssentiaGreens™ a snap to mix into your favorite beverage. What an ideal and simple way to get kids to “eat their veggies!”

The comprehensive line-up of nutrients in EssentiaGreens™ will help to nourish every system in your body, resulting in sustained energy, enhanced recovery, mental clarity and overall well-being.

References:

Other Ingredients: Inulin, tapioca dextrin, natural flavors, organic manioc starch, organic rice flour, lecithin, stevia extract.

These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.