

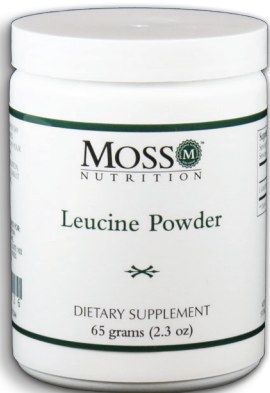
Want to increase your lean body mass, strength & energy levels? Leucine Powder can help!



Leucine is a branched chain amino acid that participates in muscle synthesis. As a supplement, leucine has been shown to help support healthy muscle mass & lean body composition in adults of all ages.

There are many reasons why we need adequate amounts of muscle tissue. Strength and balance are only the beginning! Muscles are also the main site of energy production in the body. Most of the energy we need to carry out daily activities and enjoy life is generated within skeletal muscle.

In addition, muscle cells contain most of our body's insulin receptors, which are needed to help maintain healthy blood sugar levels. Research suggests **optimum muscle mass promotes enhanced quality of life**, and supplemental leucine can play a role.*



Leucine is researched to help support several anabolic systems:

- Muscle Mass Support
- Energy Production
- Insulin & Glucose Metabolism
- Protein Conservation

For best results, take Moss Nutrition pure **Leucine Powder** along with a protein containing meal or beverage. Add a scoop of leucine to your favorite protein powder or meal-replacement shake such as **Select Whey, Select Meal or Select Meal DF** for ease of convenience, great taste and superior effects. For active adults, studies suggest that taking leucine plus additional protein within an hour of participating in weight bearing exercise (either before or after) may help boost the well known muscle-building benefits of leucine.

Supplement Facts

Serving Size: 1 Scoop (approx. 2 grams)
Serving Per Container: Approximately 30

	Amount Per Serving	% Daily Value
L-Leucine	2 g	**

** Daily Value (DV) not established.

Leucine Powder

Available in 65 g containers

Recommended Usage: 2 g (1 scoop) per day mixed into a protein-based beverage or as directed by your healthcare professional.

Other ingredients: None.
Does not contain gluten.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.